

Thursday June 1<sup>st</sup>, 2017  
Morning Session

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8am – 9am

**Registration and Check in**

Performing Arts Center

9am – 12pm

**Welcome and Framework for Health and Connection**

**Introduction and Overview of Events**

**Try This-an Introduction**

Kate Long, Director of Try This WV

**Changing Medicine from Steve Jobs to the Dalai Lama**

Clay Marsh, MD Vice President and Executive Dean of WVU Health Sciences

**Food, Movement, and Stress**

**Putting Diabetes in Remission-WV Can't Wait**

Mark Cucuzzella, MD Associate Professor of Family Medicine WVU School of Medicine—Eastern Division

**Merging Fitness with Primary Care**

Sam Zizzi, PhD Professor of Sport and Exercise Psychology West Virginia University

**Prescribing for Health: FARMacy Program, Wheeling**

Carol Antonelli-Greco, DO Wheeling Health Right Clinic

**Instant Stress-Busters**

Aila Accad, MSN, RN Executive Director, Future of Nursing WV

**Why We Get Fat and What to Do About It**

**Keynote Speaker**

Gary Taubes, MS Author and Scientific Journalist

12pm – 1pm

**Lunch**

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Thursday June 1<sup>st</sup>, 2017

Afternoon Session

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1-5pm

## **Engaging Communities in Health and Wellbeing**

### **Healing Rural WV Communities**

Dino Becket, DO CEO Williamson Health and Wellness Center

### **KEYs 4HealthyKids and Fed Up**

Jamie Jeffrey, MD Associate Professor of Pediatrics at WVU School of Medicine – Charleston Division and Director of KEYS 4 Healthy Kids

### **Collaborating with Communities to Fight Diabetes**

Richard Crespo, PhD Joan C. Edwards School of Medicine at Marshall University\*

### **Community Initiatives at the School of Osteopathic Medicine**

Drema Mace, PhD, MSP Executive Director, Center for Rural & Community Health, West Virginia School of Osteopathic Medicine

## **Physiology and Food for Opioid Dependence**

### **Nutrition for Opioid Dependence**

Brooke Nissim-Sabat, MS, MPH, RD, LD Associate Professor of Foods and Nutrition, Pierpont Community and Technical College

### **Withdrawal and Reward: How the Endogenous Opioid System Influences Obesity and Opioid Dependence**

Emma Morton-Eggleston, MD, MPH Director of WVU Center for Diabetes and Metabolic Health

## **Tech-to-improve-health: Patient Centered Innovations to Empower your Patients and your Clinic**

### **Chronic Disease Nutrition**

George Bennett, PhD Chairman and CEO, Good Measures LLC

### **Improved Weight Management Using Patient-Centered mHealth**

Treah Haggerty, MD, MS Assistant Professor of Family Medicine WVU

## **Practical Strategies for Greater Impact**

### **Motivational Interviewing: Effective Strategies to Help Patients Achieve Success**

Barb Miller, RN Certified Executive Coach, WVU School of Nursing and WV WISEWOMAN

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